

# Health Services

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The Health Education and Wellness Department provides resources and educational programs to Mississippi State students. Topics covered by the department include

- alcohol and drug education,
- tobacco cessation,
- stress management,
- mental health,
- cancer awareness,
- men and women's general health issues,
- sexual health and responsibility,
- nutrition,
- fitness and
- sexual assault.

The department assists students to make healthier choices to improve their MSU experience through a variety of free services. Through the Goal-driven Alcohol drug Intervention Network (G.A.I.N.) program, students are educated about making wise choices concerning alcohol consumption. Students recovering from substance abuse, behavioral and process addictions or eating disorders will find the support and resources they need within the Collegiate Recovery Community. A registered dietitian is available for appointments, and programs and tobacco cessation sessions are free to all students, faculty, and staff. The department supports and promotes the healing, renewal, safety, and justice for survivors of dating violence, domestic violence, sexual assault, and stalking through education, awareness, and advocacy efforts as well.

The Health Education and Wellness Department hosts programs, presentations, and campus-wide awareness campaigns for various health topics. Visit the website ([www.health.msstate.edu/health](http://www.health.msstate.edu/health)) to learn more about the department and its services or to request a program.

## Student Health Center

University Health Services and The Longest Student Health Center are designed to give primary medical care to students with mental and physical health issues. The Health Center is open during regular school sessions to all MSU students. It is recommended that all students use the Student Health Center as their preferred provider of care while at MSU. The Center is staffed with well-qualified family practice physicians, nurse practitioners, and registered nurses to provide primary medical care for students. Ancillary services include pharmacy, laboratory, x-ray, and physical therapy. The health fee covers the physician's professional charge for an unlimited number of clinic visits. Ancillary services are provided on a fee-for-service basis. Those who need more specialized care than the Health Center can provide will be referred to the appropriate resource. For an appointment call 662-325-7539. Clinic hours are 8:00 a.m. to 5:00 p.m., Monday, Tuesday, Wednesday, and Friday; 9:00 a.m. to 5:00 p.m. on Thursday. Health records should be sent directly to the Student Health Center where they are kept confidential. Health records are not a part of the school records and are kept indefinitely for future reference. For medical records, call 662-325-0706 or by email at [health@msstate.edu](mailto:health@msstate.edu).

## Student Health Insurance

### International Students

The Student Health Insurance Plan is required for international students. International students are enrolled when the student enrolls for classes at MSU. International students who have alternate insurance equivalent to the MSU Plan and meet the coverage requirement of the Affordable Care Act of 2010 may request a waiver from the MSU Plan. Such waiver request is to be submitted by the 10<sup>th</sup> day of class to the Director of The Student Health Center at Room 361 of The Student Health Center. The telephone number is 662-325-5895.

### Domestic Students

Domestic students may enroll in the Student Health Insurance Plan. The plan is compliant with The Affordable Care Act of 2010. Information about the plan is available at [www.health.msstate.edu](http://www.health.msstate.edu) under the Student Health Center Insurance link. The telephone number is 662-325-5895.

## Student Counseling Services

Student Counseling Services, located in 115C Hathorn Hall, offers a variety of clinical and consultation services free to all full-time MSU students Monday through Friday, 8:00 a.m. to 5:00 p.m. Appointments may be made in person or by calling 662-325-2091.

Student Counseling Services staff is composed of experienced professionals with training in counseling, social work, psychology, and psychiatry who are knowledgeable in facilitating personal growth and development. Student Counseling Services offers individual and group counseling, psychiatric evaluations, medication management, workshops, and walk-in urgent care. Consultation regarding student concerns is available to concerned

faculty, staff, students, and family members. For more information about services, please visit the Student Counseling Services website at <http://www.health.msstate.edu/scs> .

The Sexual Assault Response Team (SART) is a service of Student Counseling Services. SART responds to sexual assaults through crisis response, assessment, direct support, and provides consultation, referral for the victim and the accused. SART is available to help anyone who reports a violation of the sexual assault policy. The team includes a coordinator and designated individuals from the University Police Department, the Longest Student Health Center, the Department of Housing & Residence Life, the Dean of Students Office, and Student Counseling Services. For information or to report a sexual assault case, students and members of the University community may contact the SART coordinator at Student Counseling Services at 662-325-2091.