Department of Kinesiology

Department Head: Stanley P. Brown

Office: 216 McCarthy Gym

Division of Exercise Science Coordinator: John Lamberth

Office: 235 McCarthy Gym

Division of Sport Studies Coordinator: Brad Vickers

Office: 123 McCarthy Gym

The Department of Kinesiology offers five undergraduate concentrations: Physical Education and Coaching (PEC), Neuromechanics (NM), Performance Fitness (PF), Clinical Exercise Physiology (CLEP), and Sport Administration (SA).

Community college transfer hours not to exceed 62 semester hours may be applied to the Kinesiology degree program.

All concentrations require the specified course requirements cited within the General Education and major core listings below. Specified area content courses vary among the five concentrations and are listed following the core section. Pre-Occupational Therapy and Pre-Physical Therapy curricula have different core and program requirements. Students electing to pursue Pre-OT or Pre-PT should consult their advisor.

Physical Education and Coaching Concentration (PECO)

Major Advisors: J.J. Chen, Debby Funderburk, Elizabeth Palmer, Brad Vickers, and Glen Young

The physical education and coaching concentration requires 124 semester hours of prescribed courses to complete the Bachelor of Science in Kinesiology. The curriculum is designed to meet the need of students interested in becoming physical education teachers in public and private schools. The teaching block of courses must be included in the on-campus requirement of 32 semester hours of junior and senior courses. Students who complete the program will be eligible for teacher licensure by the Mississippi Department of Education.

Neuromechanics Concentration (NRMC)

Major Advisors: Harish Chander, J.J. Chen, Adam Knight, Elizabeth Palmer, and Zhujun Pan

The Neuromechanics concentration requires 124 semester hours of prescribed courses to complete a Bachelor of Science in Kinesiology. The Neuromechanics concentration combines the disciplines of "neuroscience" and "biomechanics" and deals with the study of human movement accomplished by the interaction of the nervous, muscular, and skeletal systems of the human body. Students learn concepts of the neuromechanical basis of kinesiology in the development, learning, control, and production of human movement. This enhances their knowledge and understanding of neural, biomechanical, cognitive, and behavioral mechanisms underlying human movements to help improve performance and prevent injuries in a variety of populations ranging from recreational, athletic, occupational, geriatric, and special populations such as Downs' syndrome, autism, and Parkinson's disease. The curriculum provides students a foundation in the mechanisms underlying human movement to prepare them for careers in physical therapy, occupational therapy, medicine/physician assistance, neuromechanics, human factors ergonomics, sport science, and disability and rehabilitation science.

Performance Fitness Concentration (PRFT)

Major Advisors: Megan Holmes, Elizabeth Palmer, and JohnEric Smith

The Performance Fitness concentration provides students with the necessary knowledge to incorporate exercise physiology concepts into activates that enhance fitness and performance. This concentration covers everything from the development of plans to enhance fitness in apparently healthy populations to improving performance in elite athletes. Performance Fitness takes into consideration a combination of the physiological, biomechanical, and psychological aspects of training in the development of individual and team needs for customized programming. The concentration serves as the foundation for students to become sport scientists, strength and conditioning coaches, personal trainers, and specialists within corporate fitness/wellness programs.

Clinical Exercise Physiology Concentration (CLEP)

Major Advisors: Stamatis Agiovlasitis, Harish Chander, Erin Grant-Butler, Megan Holmes, Lee Ann Joe, Adam Knight, John Lamberth, Elizabeth Palmer, Zhujun Pan, JohnEric Smith, Ben Wax, and Holly Wiley

The clinical exercise physiology concentration is designed as a professional preparation program of study that enables students to work in clinical settings as exercise physiologists in cardiac and pulmonary rehabilitation, or other clinical rehabilitation settings, such as those for individuals with diabetes, orthopedic limitations, arthritis, cancer, osteoporosis, renal failure, obesity, and in programs dealing with issues of aging. The clinical exercise physiology concentration also provides students with the necessary background to pursue graduate health professions, such as physical or occupational therapy, physician assistant studies, medicine, or other graduate level educational programs.

Sport Administration Concentration (SPAD)

Major Advisors: Younghan Lee, Soyoun Lim, Matthew Rye, Matthew Zimmerman, and Greggory Twietmeyer

The Sport Administration concentration provides students with knowledge and skills necessary for careers in the sport industry. A concentration in Sport Administration helps prepare students to work in such fields as sport marketing & promotions, sporting event and/or facility management & operations, sport communication & media relations, and other administrative areas at the professional, collegiate, and recreational levels of the industry. The program seeks to combine classroom education with hands-on experience, as all students will complete an internship in the sport industry prior to graduation. Students choosing a concentration in Sport Administration choose either the Business, Communication, or Foreign Language cognate field.

Choose one of the following concentrations:

Physical Education and Coaching Concentration (PECO)

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English		6
EN 1103	English Composition I	
or EN 1104	Expanded English Composition I	
EN 1113	English Composition II	
or EN 1173	Accelerated Composition II	
Fine Arts		3
PE 1323	History and Appreciation of Dance (or other approved Fine Art elective)	
Natural Sciences		10
BIO 1023	Plants and Humans (or any core approved lab science)	
BIO 1004	Anatomy and Physiology	
BIO 1123	Animal Biology (or any core approved lab science)	
Math		6
MA 1313	College Algebra (or higher)	
ST 2113	Introduction to Statistics (or math above MA 1313)	
Humanities ¹		6
EN 2203	Introduction to Literature (or other approved humanities course)	
or EN 2243	American Literature Before 1865	
or EN 2253	American Literature After 1865	
HI 1063	Early U.S. History (or other approved humanities course)	
or HI 1073	Modern U.S. History	
Social/Behavioral Sciences ¹		6
PSY 1013	General Psychology	
SO 1203	Sociology of Families (or other approved Gen Ed course)	
Major Core Courses		31
EP 3304	Exercise Physiology	
PE 1243	Methods of Teaching Games and Sports	
PE 1253	Methods of Teaching Lifetime Activities	
PE 1263	Methods of Teaching Rhythms	
PE 3133	Adapted Physical Education	
PE 3153	Methods of Elementary Physical Education	
PE 3223	Motor Development and Movement	
PE 3533	Coaching Sports	
PE 4533	Developing Coaching Expertise	
PE 4283	Sport Biomechanics	
Kinesiology Core Courses		11
PE 1000	Play, Fitness & Physical Activity (or any 2 PE activity courses)	
PE 3163	Sport Psychology	
EP 2013	Fundamentals of Kinesiology	
EP 3233	Anatomical Kinesiology	
Select one of the following:		3
KI 3273	Athletic Training	
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KI 2213	Emergency Health Care	
Professional Education Courses		6
EDF 3333	Social Foundations of Education	
EDX 3213	Individualizing Instruction for Exceptional Children	
Courses Required for Admission into	Teacher Ed	21
PE 4163	Principles and Methods of Secondary School Health and Physical Education	
PE 4173	Tests and Measurements in Health and Physical Education	
PE 4853	Motor Learning and Skill Analysis	
PE 4883	School Health Education	
EPY 3143	Human Development and Learning Strategies in Education	
EPY 3253	Evaluating Learning	
EDF 4243	Planning for the Diversity of Learners	
Final Semester: Teaching Internship		15
PE 4873	Professional Classroom Management Seminar in Physical Education and Athletics	
PE 4886	Teaching Internship in Physical Education	
PE 4896	Teaching Internship in Physical Education	
Total Hours		124
Neuromechanics (NRMC)		
English		6
EN 1103	English Composition I	
or EN 1163	Accelerated Composition I	
EN 1113	English Composition II	
or EN 1173	Accelerated Composition II	
Fine Arts		3
Any Gen Ed course		
Natural Sciences		8
Biology	BIO 1134 or other four credit hour approved Gen Ed BIO Lab Science course above or	
	equivalent ¹	
Chemistry	CH 1213/1211 or other four credit hour approved Gen Ed CH Lab Science course above or equivalent ¹	
Natural Science (if appropriate) ¹		3
Any Gen Ed course		
Math		6
MA 1313	College Algebra (or higher)	
ST 2113	Introduction to Statistics	
Humanities ¹		6
Any Gen Ed course(s)		
Social/Behavioral Sciences ¹		6
PSY 1013	General Psychology (or other approved Gen Ed course)	J
SO 1003	Introduction to Sociology (or other approved Gen Ed course)	
Exercise Science Core	introduction to Sociology (or other approved Sen Ed Course)	27
KI 2023	Foundations of Health Education	21
EP 3304		
	Exercise Physiology	
EP 3643	Applied Anatomy and Pathophysiology	
EP 4113	Fitness Programs and Testing Procedures	
EP 4183	Exercise and Weight Control	
EP 4504	Mechanical Analysis of Movement	
EP 4603	Physical Activity Epidemiology	
EP 4814	Exercise Science Internship	
Kinesiology Core Courses		12
PE 1000	Play, Fitness & Physical Activity (or any 3 PE activity courses)	

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SS 4003	Philosophy of Sport & Physical Activity	
or SS 4303	Globalization and Sport	
or PE 3163	Sport Psychology	
or EP 3183	Exercise Psychology	
EP 2013	Fundamentals of Kinesiology	
EP 3233	Anatomical Kinesiology	
Concentration Courses		15
EP 4143	Aging and Disability	
EP 4703	Neural Control of Human Movement	
PE 3223	Motor Development and Movement	
PE 4283	Sport Biomechanics	
PE 4853	Motor Learning and Skill Analysis	
Electives		15
See advisor for approved list of courses		
Additional Requirements		11
BIO 3004	Human Anatomy (or equivalent Gen Ed Bio/Lab Science course)	
BIO 3014	Human Physiology (or equivalent Gen Ed Bio/Lab Science course)	
KI 2603	Medical Terminology	
Oral Communication Requirement		
CO 1003	Fundamentals of Public Speaking	3
or CO 1013	Introduction to Communication	
or CO 2253	Fundamentals of Interpersonal Communication	
Computer Literacy Requirement		
Satisfied by successful completion of EP 48	303	
Writing Requirement		
EDF 3413	Writing for Thinking	3
or MGT 3213	Organizational Communications	
or BIO 3013	Professional Writing for Biologists	
Total Hours		124
Performance Fitness Conc	entration (PRFT)	
English		6
EN 1103	English Composition I	
or EN 1163	Accelerated Composition I	
EN 1113	English Composition II	
or EN 1173	Accelerated Composition II	
Fine Arts		3
Any Gen Ed course		
Natural Sciences		8
Biology	BIO 1134 or other four credit hour approved Gen Ed BIO Lab Science course above or equivalent ¹	
Chemistry	CH 1213/1211 or other four credit hour approved Gen Ed CH Lab Science course above or equivalent ¹	
Natural Science (if appropriate) 1		3
Any Gen Ed course		
Math		6
MA 1313	College Algebra (or higher)	•
ST 2113	Introduction to Statistics	
Humanities ¹		6
Any Gen Ed course(s)		
Social/Behavioral Sciences ¹		6
PSY 1013	General Psychology (or other approved Gen Ed course)	
. 51 1010	Constant Systemacy (or other approved Con Ed Course)	

Introduction to Sociology (or other approved Gen Ed course)	
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Foundations of Health Education	
Exercise Physiology	
Applied Anatomy and Pathophysiology	
Mechanical Analysis of Movement	
Physical Activity Epidemiology	
·	12
Play, Fitness & Physical Activity (or any 3 PE activity courses)	
Philosophy of Sport & Physical Activity	
Globalization and Sport	
Sport Psychology	
Exercise Psychology	
Fundamentals of Kinesiology	
·	15
Sports Nutrition	
Sport Physiology	
Training Techniques for Exercise and Sport	
Developing Coaching Expertise	
	15
ourses	
	11
Human Anatomy (or equivalent Gen Ed Bio/Lab Science course)	
Human Physiology (or equivalent Gen Ed Bio/Lab Science course)	
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Fundamentals of Public Speaking	3
Introduction to Communication	
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Fundamentals of Interpersonal Communication	
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Writing for Thinking Organizational Communications Professional Writing for Biologists fology Concentration (CLEP) English Composition I	124
Writing for Thinking Organizational Communications Professional Writing for Biologists iology Concentration (CLEP) English Composition I Accelerated Composition I	124
Writing for Thinking Organizational Communications Professional Writing for Biologists iology Concentration (CLEP) English Composition I Accelerated Composition I English Composition II	124
Writing for Thinking Organizational Communications Professional Writing for Biologists iology Concentration (CLEP) English Composition I Accelerated Composition I	6
Writing for Thinking Organizational Communications Professional Writing for Biologists iology Concentration (CLEP) English Composition I Accelerated Composition I English Composition II	124
Writing for Thinking Organizational Communications Professional Writing for Biologists iology Concentration (CLEP) English Composition I Accelerated Composition I English Composition II	6
	Exercise Physiology Applied Anatomy and Pathophysiology Fitness Programs and Testing Procedures Exercise and Weight Control Mechanical Analysis of Movement Physical Activity Epidemiology Exercise Science Internship Play, Fitness & Physical Activity (or any 3 PE activity courses) Philosophy of Sport & Physical Activity Globalization and Sport Sport Psychology Exercise Psychology Exercise Psychology Fundamentals of Kinesiology Anatomical Kinesiology Sports Nutrition Sport Physiology Training Techniques for Exercise and Sport Sport Biomechanics Developing Coaching Expertise Human Anatomy (or equivalent Gen Ed Bio/Lab Science course) Human Physiology (or equivalent Gen Ed Bio/Lab Science course) Medical Terminology Fundamentals of Public Speaking

Biology	BIO 1134 or other four credit hour approved Gen Ed BIO Lab Science course above or equivalent ¹	
Chemistry	CH 1213/1211 or other four credit hour approved Gen Ed CH Lab Science course above or equivalent ¹	
Natural Science (if appropriate) 1		3
Any Gen Ed course		
Math		6
MA 1313	College Algebra (or higher)	
ST 2113	Introduction to Statistics	
Humanities ¹		6
Any Gen Ed course(s)		
Social/Behavioral Sciences ¹		6
PSY 1013	General Psychology (or other approved Gen Ed course)	
SO 1003	Introduction to Sociology (or other approved Gen Ed course)	
Exercise Science Core		27
KI 2023	Foundations of Health Education	
EP 3304	Exercise Physiology	
EP 3643	Applied Anatomy and Pathophysiology	
EP 4113	Fitness Programs and Testing Procedures	
EP 4183	Exercise and Weight Control	
EP 4504	Mechanical Analysis of Movement	
EP 4603	Physical Activity Epidemiology	
EP 4814	Exercise Science Internship	
Kinesiology Core Courses		12
PE 1000	Play, Fitness & Physical Activity (or any 3 PE activity courses)	
SS 4003	Philosophy of Sport & Physical Activity	
or SS 4303	Globalization and Sport	
or PE 3163	Sport Psychology	
or EP 3183	Exercise Psychology	
EP 2013	Fundamentals of Kinesiology	
EP 3233	Anatomical Kinesiology	
Concentration Courses		15
EP 3803	Advanced Exercise Physiology	
EP 3613	Exercise Electrocardiography	
EP 4123	Aging and Physical Activity	
EP 4133	Exercise Programs for Clinical Populations	
EP 4143	Aging and Disability	
Electives		15
See advisor for approved list of courses		
Additional Requirements		11
BIO 3004	Human Anatomy (or equivalent Gen Ed Bio/Lab Science course)	
BIO 3014	Human Physiology (or equivalent Gen Ed Bio/Lab Science course)	
KI 2603	Medical Terminology	
Oral Communication Requirement		
CO 1003	Fundamentals of Public Speaking	3
or CO 1013	Introduction to Communication	
or CO 2253	Fundamentals of Interpersonal Communication	
Computer Literacy Requirement		
Satisfied by successful completion of EP 480	03	
Writing Requirement		
EDF 3413	Writing for Thinking	3
or MGT 3213	Organizational Communications	

Total Hours			
English	or BIO 3013	Professional Writing for Biologists	
English English Composition I EN 1103 English Composition I or EN 11133 Accelerated Composition II EN 1113 English Composition II or EN 1173 Accelerated Composition II Fine Arts 3 PE 1923 History and Appreciation of Dance (or any approved Fine Arts Gen Ed course) Natural Science (2 labs required from Gen Ed) 8 BIO 1004 Anatomy and Physiology Any 3-4 hour Gen Ed lab science course Extra Science (1) MA 1313 College Algebra (or higher) MA 1313 College Algebra (or higher) MA 1313 College Algebra (or higher) Mumanities (1) 6 Humanities (1) 6 Humanities (1) 6 Sea Gen Ed course list for an additional 3 hour course 6 Social/Behavioral Sciences (1) 6 Social/Behavioral Sciences (1) 6 Social/Behavioral Sciences (2) 12 EP 2013 Principles of Macroeconomics Kinesology Core Courses 1 SS 4003 Philinaphy of Sport A. Physicial Activity (or any 3	Total Hours		124
EN 1103	Sport Administration Conce	entration (SPAD)	
EN 1133	English		6
EN 1113	EN 1103	English Composition I	
ror EN 1173 Accelerated Composition II Fine Arts Fine Arts PE 1323 History and Appreciation of Dance (or any approved Fine Arts Gen Ed course) Natural Sciences (2 labs required from Gen Ed) BIO 1004 Hour Gen Ed lab science course Extra Science 1 Anatomy and Physiology Army 3-4 hour Gen Ed lab science course Extra Science 1 Extra Science 1 Any Gen Ed course Math College Algebra (or higher) MA 1813 Calculus for Business and Life Sciences I Humanities 1 Humanities 1 Fundanities 1 Humanities 1 See Gen Ed course list for an additional 3 hour course Social/Behavioral Sciences 1 Fill 123 Introduction to Ethics (or other approved Humanities Gen Ed course) Social/Behavioral Sciences 1 EP 2013 Principles of Macroeconomics Kinesiology Core Courses 1 EP 2013 Fundamentals of Kinesiology PE 1000 Pilay, Filness 8, Physical Activity (or any 3 PE activity courses) SS 4003 Philosophy of Sport A Physical Activity or SS 4303 Giobalization and Sport or PE 3183 Sport Psychology EP 2323 Anatomical Kinesiology Concentration Course SS 2003 Foundations of Sport Industry SS 2003 Foundations of Sport Industry SS 2003 Sport Careers and Practicum SS 2003 Sport Careers and Practicum SS 303 Sport Sponsorship SS 403 Ethics in Sport Management in Sport SS 403 Ethics in Sport Management in Sport SS 403 Sport Sudies Internship SS 303 Sport Company Insure in Intercollegiate Athletics SS 303 Program Planning in Sport and Recreation For Ed 2004 Philosophy of Sport A Physical Activity Directed Individual Study in Sport Studies Program Planning in Sport and Recreation For Ed 2004 Philosophy of Sport A Physical Activity For Ed 2004 Philosophy of Sport A Physical Activity For Ed 2004 Philosophy of Sport A Physical Activity For Ed 2004 Philosophy of Sport A Physical Activity For Ed 2004 Philosophy of Sport A Physical Activity For Ed 2004 Philosophy of	or EN 1163	Accelerated Composition I	
Fine Arts	EN 1113	English Composition II	
PE 1323 History and Appreciation of Dance (or any approved Fine Arts Gen Ed course) Natural Sciences (2 labs required from Gen Ed) Anatomy and Physiology Any 3-hour Gen Ed lab science course Extra Science 1 Any Gen Ed course Math 6 MA 1313 College Algebra (or higher) MA 1613 Calculus for Business and Life Sciences 1 Humanities 1 Fundamities 1 Fundamities 1 Fundamities 1 Fundamentals of Nacroeconomics Knesiology Fer 2013 Principles of Macroeconomics Knesiology Core Courses Fundamentals of Kinesiology PE 1000 Play, Finness & Physical Activity (or any 3 PE activity courses) Se 4303 Globalization and Sport Or PS 2333 Anatomical Kinesiology Fer 3183 Sport Psychology Fer 3233 Anatomical Kinesiology Fer 3233 Anatomical Kinesiology Fer 3233 Sport Careers and Practicum SS 2003 Foundations of Sport Industry SS 2103 Sport Careers and Practicum SS 2403 Sport Careers and Practicum SS 3403 Funding of Sport Law SS 3403 Funding of Sport Law SS 3403 Sport Sponsorship SS 4203 Sport Law SS 3403 Sport Sponsorship SS 2403 Sport Careers and Practicum SS 2403 Sport Careers and Practicum SS 3403 Sport Sponsorship SS 2403 Sport Law SS 3403 Sport Sponsorship SS 3403 Sport Studies Intenship SS 3403 Sport Studies Intenship SS 3403 Sport Studies Intenship SS 3403 Sport Amanication Management in Sport SS 3503 Sport and Recreational Leadership SS 3503 Sport and Recreational Leadership SS 3503 Sport and Recreational Leadership SS 3400 Directed Individual Study in Sport Studies	or EN 1173	Accelerated Composition II	
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SS 4003 Philosophy of Sport & Physical Activity	SS 3903	Ancient and Medieval Sport History	
	SS 4000	Directed Individual Study in Sport Studies	
SS 4403 Gender and Sport	SS 4003	Philosophy of Sport & Physical Activity	
	SS 4403	Gender and Sport	

or FLG 3143

SS 4503	Sport Promotion and Sales Management
PE 3163	Sport Psychology
PE 3313	Sport Physiology
PE 4283	Sport Biomechanics
KI 2213	Emergency Health Care
SO 4333	Sociology of Sport
Cognate Courses	24-26
Choose one of the following cognates to con	nplete the concentration requirements:
Business (25 hrs)	
ACC 2013	Principles of Financial Accounting
ACC 2023	Principles of Managerial Accounting
MA 2113	Introduction to Statistics
EC 2123	Principles of Microeconomics
MKT 3013	Principles of Marketing
FIN 3113	Financial Systems
FIN 3123	Financial Management
MGT 3113	Principles of Management
7 hours of Free Electives	
Communication (24 hrs)	
CO 1223	Introduction to Communication Theory
CO 1403	Introduction to the Mass Media
CO 2333	Television Production
CO 2413	Introduction to News Writing and Reporting
CO 3313	News Writing for the Electronic Media
CO 3423	Feature Writing
CO 3713	Digital Communication
CO 3803	Principles of Public Relations
8 hours of Free Electives	
Foreign Language (26 hours)	
FLS 1113	Spanish I
or FLF 1113	French I
or FLG 1113	German I
FLS 1123	Spanish II
or FLF 1123	French II
or FLG 1123	German II
FLS 2133	Spanish III
or FLF 2133	French III
or FLG 2133	German III
FLS 2143	Spanish IV
or FLF 2143	French IV German IV
or FLG 2143 FLS 3113	
& FLS 3113	Advanced Spanish Composition and Advanced Spanish Laboratory
or FLF 3114	Advanced French Composition
or FLG 3114	Advanced German Composition
FLS 3233	Advanced Spanish Conversation
& FLS 3121	and Advanced Spanish Conversation Practicum
or FLF 3124	Advanced French Conversation
or FLG 3124	Advanced German Conversation
FLS 3143	Hispanic Civilization
or FLF 3143	French Civilization
or ELC 2142	Cormon Civilization

German Civilization

FLS 3313	Economics of the Spanish-Speaking World
or FLF 3313	Business French I
or FLG 3313	Business German I
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6 hours of Free Electives

Total Hours 124